


|  Wairarapa DHB <small>Wairarapa District Health Board</small> <small>Te Pōari Hauora ā-rohe o Wairarapa</small> | | AGENDA Held on Wednesday 21 April 2021 Lecture room, CSSB, Wairarapa DHB 9.00am | | | |
|---|--|---|---|------------|-------------|
| COMMUNITY AND PUBLIC HEALTH ADVISORY COMMITTEE | | PUBLIC SESSION | | | |
| | Item | Action | Presenter | Min | Time |
| 1. PROCEDURAL BUSINESS | | | | | |
| | Karakia | | | | 9.00am |
| 1.1 | Apologies | ACCEPT | | 10mins | |
| 1.2 | Continuous Disclosure 1.2.1 Interest Register 1.2.2 Conflict of Interest | CONFIRM / ACCEPT | | “ | |
| 1.3 | Minutes of previous meeting | APPROVE | | “ | |
| 1.4 | Schedule of Action Points | NOTE | | “ | |
| 1.4.1 | Work Programme | NOTE | | “ | |
| 2. DISCUSSION | | | | | |
| 2.1 | Hapūtanga programme | PRESENTATION | Dany Haira and Chloe Wihongi, <i>Yellow Brick Road – Te Wahapuahoaho</i> | 30mins | 9.10am |
| 2.2 | Maori Health Inquiry | VERBAL | Daniel Kawana, Service Development Manager, Planning & Performance | 15mins | 9.40am |
| 2.3. | Immunisation Programme update | DISCUSS | Daniel Kawana, Service Development Manager, Planning & Performance | 20mins | 9.55am |
| 2.4 | Wairarapa Health System plan | DISCUSS | Tom Love, Sapere | 30mins | 10.15am |
| 3. OTHER | | | | | |
| 3.1 | General Business | | | 5mins | 10.45am |

Wairarapa Community and Public Health Advisory Committee (CPHAC)


Disclosure of Interests Register - as at 16 February 2021

| Name | Appointment Date | Health Sector Interests Disclosed | Other Interests Disclosed |
|---|------------------|--|--|
| Committee members | | | |
| Dr Tony Becker <i>Deputy Board Chair</i> | December 2019 | <ul style="list-style-type: none"> Shareholder and Director (Clinical) Masterton Medical Limited Shareholder and Director Wairarapa Skin Clinic Wife contracts to Wairarapa District Health Board Sister-in-law is Associate Director of Nursing at Surgery, Womens and Childrens Directorate, Capital & Coast DHB Wairarapa GP Trustee Tu Ora Compass Health | <ul style="list-style-type: none"> Trustee, Hau Kainga |
| Helen Pocknall <i>Board Member</i> | December 2019 | <ul style="list-style-type: none"> Contractor with Ministry of Health | - |
| Joy Cooper <i>Board Member</i> | December 2019 | <ul style="list-style-type: none"> Nil to declare | <ul style="list-style-type: none"> Chairperson Wharekaka Trust Board Incorporated |
| Jill Stringer <i>Board Member</i> | December 2019 | <ul style="list-style-type: none"> Member of 3DHB Disability Services Advisory Committee (DSAC) | <ul style="list-style-type: none"> Director, Touchwood Services Limited Husband employed by Rigg-Zschokke Ltd Trustee, Wellington Welfare Guardianship Trust |
| Yvette Grace <i>Board Member</i> | December 2019 | <ul style="list-style-type: none"> Member, Hutt Valley District Health Board Husband is a Family Violence Intervention Coordinator at Wairarapa District Health Board Sister-in-law is a Nurse at Hutt Hospital Sister-in-law is a Private Physiotherapist in Upper Hutt Member concurrent FRAC Hutt Valley and Capital and Coast DHBs Member 3DHB Disability Services Advisory Committee (DSAC) for Hutt Valley DHB | <ul style="list-style-type: none"> General Manager, Rangitāne Tu Mai Rā Treaty Settlement Trust Trustee, House of Science Wairarapa Trustee, Equippers Church and Oasis Trust |
| Dr Stephen Palmer <i>Regional Public Health Clinical representative</i> | April 2020 | <ul style="list-style-type: none"> Employee of Hutt Valley DHB as Medical Office of Health in Regional Public Health Member of the Policy Committee of NZ College of Public Health Medicine | - |
| Limoe Kelly <i>Pacific representative</i> | February 2020 | <ul style="list-style-type: none"> Nil to declare. | <ul style="list-style-type: none"> Works at Lyndale Rest Home |
| Justine Thorpe <i>Primary Care</i> | February 2020 | <ul style="list-style-type: none"> Tū Ora Compass Health, Deputy CEO, General Manager Corporate Services and Wairarapa | <ul style="list-style-type: none"> Member of Papakanui Iwi Land Trust Member of South Wairarapa District Council Water Race Management Committee) |

| <i>representative</i> | | | |
|--|------------------|--|--|
| Name | Appointment Date | Health Sector Interests Disclosed | Other Interests Disclosed |
| Committee members continued | | | |
| Sophonria Smith <i>Māori representative</i> | October 2020 | <ul style="list-style-type: none"> Member of Te Oranga o Te Iwi Kainga | - |
| Holly Jackson <i>Māori representative</i> | October 2020 | <ul style="list-style-type: none"> Member of Te Oranga o Te Iwi Kainga Employed as Practice Manager, Whaiora | <ul style="list-style-type: none"> Board volunteered member at ArrowFM (Access Radio) |
| Wairarapa DHB Management | | | |
| Dale Oliff <i>Chief Executive</i> | | <ul style="list-style-type: none"> Nil to declare | - |
| Sandra Williams <i>Executive Leader Planning & Performance</i> | | <ul style="list-style-type: none"> Nil to declare | - |
| Jason Kerehi <i>Director Maori Health</i> | | <ul style="list-style-type: none"> Partner is employed as a school nurse by Compass | <ul style="list-style-type: none"> Negotiator – Rangitane Settlement Negotiations Trust |

COMMUNITY & PUBLIC HEALTH ADVISORY COMMITTEE

PUBLIC

| | |
|--|--|
|  <p>Wairarapa DHB Wairarapa District Health Board Te Poari Hauora a-rohe o Wairarapa</p> | <p>MINUTES Held on Thursday 18 March 2021 Lecture room, CSSB Wairarapa District Health Board 9.00am</p> |
| COMMUNITY & PUBLIC HEALTH ADVISORY COMMITTEE | PUBLIC SECTION |

PRESENT

| | |
|-------------------|---|
| Helen Pocknall | Member (Deputy Chair) |
| Joy Cooper | Member |
| Jill Stringer | Member |
| Yvette Grace | Member |
| Justine Thorpe | Member (Primary Care Representative) |
| Limoe Kelly | Member (Pacific Peoples representative) |
| Holly Jackson | (Maori representative) |
| Dr Stephen Palmer | Member (Regional Public Health (RPH) Clinical Representative) |

ATTENDANCE

| | |
|-----------------|---|
| Dale Oliff | Chief Executive, Wairarapa District Health Board (CE) |
| Sandra Williams | Executive Leader Planning & Performance (ELP&P) |
| Jason Kerehi | Executive Leader, Māori Health |
| Daniel Kawana | Service Development Manager, Planning & Performance |
| Joanne Edwards | Service Development Manager, Planning & Performance |
| Jen Bergantino | Minute taker, Planning & Performance |

1.0 PROCEDURAL BUSINESS**1.1 APOLOGIES**

Apologies were received from Dr Tony Becker and Sophronia Mete-Smith.

1.2 CONFIRMATION OF MINUTES**RESOLVED****Moved**

Joy Cooper

SECONDED

Justine Thorpe

CARRIED**2.0 DISCUSSION****2.1 MAORI HEALTH PLAN UPDATE**

Presentation by Jason Kerehi, Executive Leader Maori Health

The Executive Leader Maori Health provided an update to the committee on the Maori Health Plan.

Key points were:

- A survey had been developed which could be accessed online or filled out on paper.
- Pae Ora framework was used for the co-design of the Maori Health Plan - questions were based on healthy individuals, healthy whanau and how the DHB can support them to achieve good health and wellbeing while looking into what that means for our Maori Community. The DHB also wanted to try and collect information on current access and thoughts on the health system
- 351 online responses were received, mostly from Maori
- Surveys were taken out to the hard to reach, gangs, housing complex, and handed out through the train

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- Strong focus on wellbeing highlighted throughout the responses
- Money was a common concern
- There were references to being unsafe, addictions and violence in the home
- Difficulty in accessing mental health services
- COVID-19 concerns
- Accessing services outside of Wairarapa e.g. stroke therapy

Stephen Palmer arrived 9.15am

Next steps is to write the plan, organise “Review” sessions with the community to ensure their thoughts, feelings and ideas are captured correctly in the plan. A final draft will be undertaken which will be presented to Te Oranga o Te Iwi Kainga and the WrDHB Board.

CPHAC congratulated the Executive Leader Maori Health and team for the huge consultation process that had been organised.

The CE advised that the next piece of work is having a prevention/promotion strategy (Wellbeing Plan) which will use some of the same data collected.

The Deputy Chair acknowledged the excellent process that had been followed and congratulated the Executive Leader Maori Health and his team and wished them good luck for the next steps.

2.2 WAIRARAPA DHB PROGRESS AGAINST THE HEALTHY AGEING STRATEGY**Jill left meeting at 10.45am**

The Committee reviewed the achievements made to date and the plans moving into the 2021/22 year.

A piece of work has started on frailty. WrDHB CE is the lead sponsor on this piece of work.

RESOLVED that the Community and Public Health Advisory Committee

NOTED:

- That the Wairarapa DHB has achieved or is on track to achieve the majority of actions in the Action Plan for the Healthy Ageing Strategy.
- The Healthy Ageing section in the draft 2021/22 Annual Plan has been developed with a wide range of contributors.

ENDORSED

- The approach to include the following prioritised actions in the 2021-22 DHB Annual Plan:
 - **Pandemic preparedness** – Active mentoring to assist ARC providers to implement Advance Treatment plans for long term residents
 - **Community based support and restorative services** – service development for community based rehabilitation aligned with other community based developments in order to maintain highest degree of independence.
 - **Retain & restore the function of older people – medication management**
 - Targeted medication management for polypharmacy and optimum osteoporosis management
 - **Retain & restore the function of older people – reducing social isolation**
 - Reduce social isolation and increase community resilience through community based pet sharing initiative¹
 - **Improving dementia services** –

¹ Planning for implementation of this programme has commenced in 2020/21

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- Promote health professional use of the localised dementia health pathway (e.g. through PHO clinical improvement support).
- Promote option of in-home respite, especially for Māori living with dementia

**MOVED
CARRIED**

Yvette Grace

SECONDED Justine Thorpe

The Deputy Chair acknowledged the paper that had been prepared which covered a system wide view of what is happening in the Health of Older people sector and found it very helpful.

On behalf of all the CPHAC members the Deputy Chair thanked Joanne Edwards for all the work she had undertaken over the years in providing CPHAC and Board members with updates regarding the Health of Older people portfolio. She wished Joanne all the best for the next chapter of her life.

2.3 IMMUNISATION PROGRAMME

Key points were:

- Organising for the COVID-19 vaccination process is complex and is continuing to change as more information is received from the MOH.
- The Ministry of Health has advised DHBs that the priority order for vaccinations is COVID-19 vaccination programme is first, MMR vaccination programme is 2nd with the flu vaccination programme 3rd.
- 73% 15-30 years have had one dose of the MMR vaccine.
- General practices are preparing for the flu vaccination programme.

2.4 SLM AND ALLIANCE REPORT (Q2)

The ELP&P advised the committee that there was particular emphasis on ASH by the Alliance Leadership team.

RESOLVED that the Community and Public Health Advisory Committee

- a. Noted the progress made against the 2020/21 System Level Improvement Plan in Quarter Two
- b. Noted actions are on track for quarter two 2020/21

2.5 GENERAL BUSINESS

It was agreed to change the date of the April CPHAC meeting due to it clashing with the Te Tiriti and Māori Health Equity governance and leadership workshops which are being run by the Ministry of Health. The new date for CPHAC will be 21 April 2021.

MEETING CLOSED AT: 10.40AM

Date of next meeting: 21 April 2021

CONFIRMED that these minutes constitute a true and accurate record of the proceedings of the meeting.

DATED this

day of

2021

Dr Tony Becker, Chair
Community & Public Health Advisory Committee (CPHAC)
Wairarapa District Health Board

WAIRARAPA DISTRICT HEALTH BOARD

PUBLIC CPHAC

Schedule of Actions

| Meeting Date | Action | Person Responsible | Status |
|---------------------|---|---|---|
| 18 June 2020 | The Implementation plan, for the Pacific Health and Wellbeing Strategic Plan, will be available at the time of the launch. | Director, Pacific Health | Seeking clarity on when this will be available- report back in May 2021 |
| 15 October 2020 | Work with Tū Ora Compass Health and GP Liaison, to find what data on e-prescribing is available and whether this information could be helpful with the Health Care Homes programme. | Executive Leader, Planning & Performance | May 2021 |

Community and Public Health Advisory Committee Work Programme

This programme will continue to be updated as we move through the year

| | February | March | April | May | June | July | August | September | October | November |
|-------------------------------|--|--|--|---|--|---|---|--|--|--|
| System and service planning | -Annual Plan -WrDHB Health System Plan (CSP) - Immunisation Planning | -Māori Health Plan update | -Annual Plan Update -Update on Health System Plan (CSP) | -Annual Plan Update - update Māori Health Plan - Final Health Plan(CSP) | -Annual Plan update -Mental Health & Addiction -update Maori Health Plan -Wellbeing Plan update | -Planned Care - Tobacco Control -Wellbeing – Plan update -Refugees -District Nursing Services | - Suicide Prevention and postvention plan -Youth Health -Māori Health | --Pacific Health -Cancer services -Palliative Care | -Healthy Ageing | -Annual Plan Process -Youth Health |
| System & provider performance | -Regional Public Health -Immunisation | -Alliance and SLM report -Immunisation -Healthy Ageing | -Child Health -Immunisation | -Regional Public Health -Immunisation -Consumer engagement survey -Advanced Care Plan progress | - Immunisation Alliance & SLM reporting -Primary Care | -Immunisation -Health of Older People dashboard | -Primary and Community- - Immunisation | - Immunisation -- Alliance and SLM reporting -Regional Public Health - Immunisation | -Immunisation -Health of Older People dashboard | -Primary and Community -Regional Public Health -Immunisation |
| Investment and prioritisation | | | | | -Investment & Prioritisation | | | | | -Investment & prioritisation |

Poipoia te kakano, Kia Puawai Nuture the seed and it will bloom

Turanga Hinemaatua weaving together our whanau, Hapu and tikanga to Nuture Hapu mama

Tena koutou Katoa,

We are Dany Haira and Chloe Wihongi from Te Wahapuahoaho (Yellow Brick Road) our role is to develop an antenatal education program based on Maori knowledge and research.

Who? Where?

All hapu mama, papa and whanau in the Wairarapa district are welcome to register and attend our wananga. We have already started taking registrations and are in the process of developing an online registration form. We are also in communication with our local Well Child Tamariki Oa providers as they get referrals from our Lead Maternity Careers.

Through registrations we will develop a priority list. Our primary focus will be whanau who are high risk to the following factors:

- Smoking
- Sudi
- Drug and Alcohol abuse
- Maternal Mental Health/ Postnatal Depression
- First time parents
- Under 21

Venues to be confirmed , option to use local Marae provided availability.

Why?

Our purpose is to innovate Maori Maternal Health. Our aim is to make early engagement with whanau to provide optimum care and education, to make informed choices during and after their haputanga (pregnancy).

How?

We want to establish a free Kaupapa Maori childbirth education programme with tikanga(concept) Maori practices to support and strengthen whanau through the stages of Haputanga (pregnancy) from conception right through to aftercare.

This includes encouraging traditions such as:

- **Moka tie:** Muka Pito (umbilical cord) Ties are a natural alternative to conventional cord clamps. They are sourced from the fibres of Harakeke (flax) Muka is very absorbent and is renowned for its antibacterial properties, because of this the pito heals very fast.
- **Maripi:** Traditional tools used to cut the pito.
- **Ipu Whenua:** Traditionally made from hue (gourd), clay or Harakeke, ipu whenua are a natural and biodegradable option to bury and return the placenta to Papatūānuku (Mother Earth). This tikanga keeps māmā and pēpi (baby) always connected to the land.
- **Wahakura:** Wahakura are hand-woven sleep spaces for pēpi (baby) made from harakeke using the tradition of rāranga/weaving. The wahakura is the first kaupapa Māori safe-sleeping device. It is a contemporary solution to help combat ‘Sudden Unexpected Death in Infancy’ (SUDI) Wahakura also support Māori cultural values of co-sleeping, promote bonding and breastfeeding, and allow for parents to respond instantaneously to their pēpi during the first few weeks of life.
- **Mirimiri:** Māori massage healing practice that rebalances, restores function and releases deeply held tension in the body. Mirimiri and Romiromi, work holistically not only to heal physical ailments, but also to balance your wairua (spirit) and mauri (life-force/essence) and aid recovery from trauma or emotional distress.
- **Oriori/Karakia:** Karakia is prayer which can be used to soothe and support mama during labour. Oriori are sung when babies are conceived. These differ from lullabies because they contain the whakapapa, histories and legends of a newborn baby’s whānau.

The Maternal Education content of our Kaupapa korero (Topics) is structured through statistics, feedback and knowledge of our healthcare professionals, Midwives and local well child providers in how we can support better outcomes for our Hapu mama, Papa(Dad) and whanau. To support traditional birthing , professional development in tikanga maori practices is necessary.

Kaupapa Korero (Topics of Discussion) :

- Breastfeeding
- Safe sleeping , SIDS prevention
- Food and nutrition
- Labour and birth , Natural pain relief, Pain and Intervention, Birthing Plan
- Antenatal health- Smoke free, your rights, dental health, immunisations, pregnancy and covid19
- Traditional Birthing
- Postnatal Health, Maternal mental health, well child providers , Local Support services

Maternal Mental Health was a growing issue addressed by one of our well child providers within our community. Currently we have one person in the wairarapa district that addresses maternal mental health and is working at full capacity because of this some whanau have to wait up to 2 weeks before being seen and also we have been told that if 2 appointments are missed then whanau are removed from the list, we are working with cleo and will be including her input into our program to help reduce this growing concern . We are also networking with other local services that maybe able to provide support for whanau with this matter such as 'Sands' and 'Ruth project'.

We have been networking with local Antenatal programs.

Our current available Programs are:

- Pepe ora – Held at CLM , Every Wednesday drop in between 10am-12pm
- Hospital Antenatal Program – The course is 6 sessions and held every Thursday 6:30pm – 9.00pm at the hospital
- Teen Parent Unit – Drop in classes held every Thursday 1.50pm – 2.50 pm at the Teen Parent Unit in term times for women under 20
- Parent centre- Weekend Courses 2 days , 9.30pm-4.30pm (Charge)
- Happy Birth day Wairarapa- 4 sessions , Duration of 2 ½ hours
- Wahakura Wananga – Held once a month , 3 days
- Other Antenatal programs with cost

We have established The most common dilemma for our whanau is lack of engagement , this is due to various reasons such as :

- No Tikanga Maori content
- Transport
- Childcare
- Timeframes
- Unknown knowledge
- Whakama/Shy
- Domestic relationships


Currently we are working with the Hapu Wananga ki Tainui who have been successfully running there Hapu wananga program for the past 6 years and supported over 1500 Hapu Mama in their community , The key to their success is incentivization and also korero (communication) of experiences from hapu mama who have attended, it is important to us that we recreate the same positive experience for our mama , Together with Hapu Wananga ki Tainui we share the same vision that we as whanau are experts in maintaining our cultural identity and cultural practices , therefore we play a crucial role in leading this kaupapa for maori and whanau in wairarapa as it is our responsibility to work with our wider maori networks to find local solutions for our Hapu Mama and whanau.

When?

We are scheduled to visit Hapu wananga ki Tainui to finalise ideas for our project plan, which we will be able to share our experience on Wednesday, but also, we are in transition

to bring their wananga to the Wairarapa, which will be held on 19th and 20th of June hosted by Tamara Karu, Tainui Facilitator. All Health professionals are welcome to attend.

With ongoing support, we can provide a successful, robust Haputanga Wananga programme to support our Whanau, Hapu and Iwi.

| | | |
|---|---|-------------------------------|
|  Wairarapa DHB <i>Wairarapa District Health Board</i> <small>Te Pōari Hauora ā-rohe o Wairarapa</small> | | CPHAC DISCUSSION PAPER |
| | | Date: 15 APRIL 2021 |
| Author | Fiona Chamberlain, Service Development Manager - Primary Care | |
| From | Sandra Williams, Executive Leader, Planning & Performance | |
| Endorsed By | Dale Oliff, Chief Executive | |
| Subject | Immunisation update | |
| RECOMMENDATION | | |
| It is recommended that the Committee: | | |
| Notes this update on childhood immunisation; MMR and Covid-19. | | |

1. Childhood Immunisation

Childhood immunisation has three key measures - at 8 months, at 2 years and at 5 years. The target is 95% coverage.

Childhood Immunisation at eight months: we have **not achieved** this target for Q3.

Total 89.7%; Māori 88.6%; NZE 90.7%; Pacific 80% and Dep 9-10 69.7%.

The table below shows the numbers vaccinated out of the total eligible for the quarter.

| MOH Report | Total | Māori | NZE | Pacific | Dep 9-10 |
|--------------------|---------|-------|-------|---------|----------|
| Immunised/eligible | 130/145 | 39/44 | 78/86 | 4/4 | 23/33 |

Childhood immunisation at 2 years: we have **not achieved** this target for Q3. Total 91.4%; Māori 82.6%; NZE 95%; Pacific 100% and Dep 9-10 91.7%. The table below shows the numbers vaccinated out of the total eligible for the quarter.

| MOH Report | Total | Māori | NZE | Pacific | Dep 9-10 |
|--------------------|---------|-------|-------|---------|----------|
| Immunised/eligible | 128/140 | 38/46 | 76/80 | 7/7 | 33/36 |

Childhood immunisation at five years: we have **not achieved** this target Q3. The target is 95% Total 88.7%; Māori 87.3%; NZE 88.9%; Pacific 66.7%; and Dep 9-10 84.8%. The table below shows the numbers vaccinated out of the total eligible for the quarter.

| MOH Report | Total | Māori | NZE | Pacific | Dep 9-10 |
|--------------------|---------|-------|-------|---------|----------|
| Immunised/eligible | 134/151 | 48/55 | 72/81 | 2/3 | 28/33 |

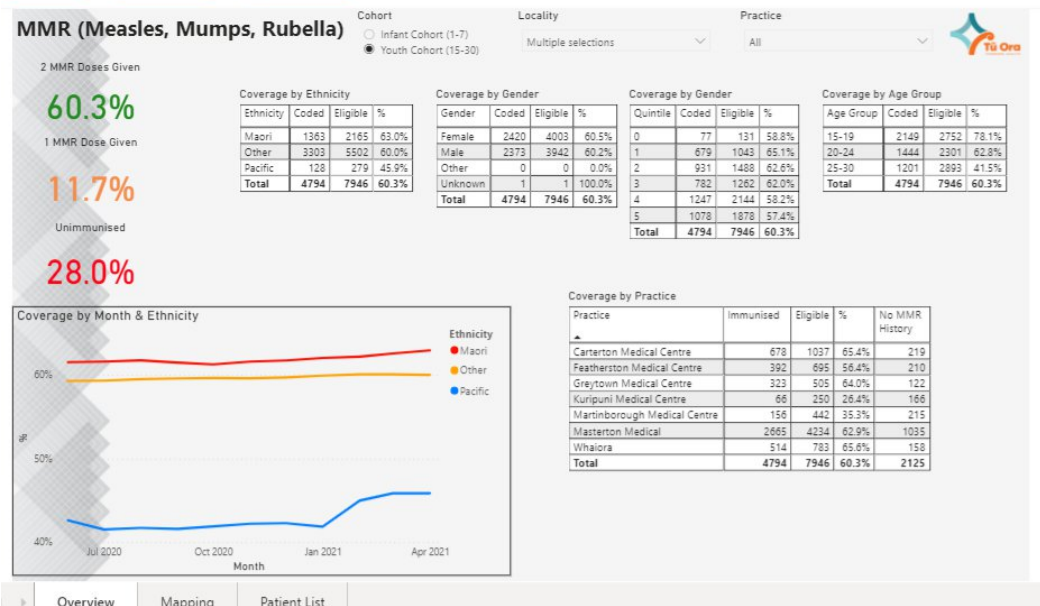
The resignation of the Immunisation Outreach Nurse occurred this quarter which left a workforce gap for a short period. Recruitment is now complete and the provider has been successful in recruitment of a Māori nurse who will work in the Tamariki Ora Well Child Service and Outreach Immunisation Service. This is an exciting new direction for this team as historically these two roles have been kept separate. Transient clients, decliners and partial decliners also had an impact on vaccination rates.

2. Measles, Mumps, and Rubella (MMR)

The Ministry have announced, in a letter from the Director-General of Health to DHB Chief Executives, that the priority for DHBs is the successful rollout of the Covid-19 vaccination programme. His **second priority** after Covid-19 is the MMR vaccine for 15-30 year olds who may have missed their second dose in early childhood.

The data used by the Ministry, to determine uptake, is sourced from the National Immunisation Register. The Wairarapa statistics are gathered as often as required, by Tu Ora and show that as at the end of March 72% of this cohort had received the MMR vaccine.

The MMR campaign end has been pushed out to the end of October 2021, from the end of August 2021. Managing the campaign in the Wairarapa will take a hiatus while the DHB determines how many people within this cohort are actually requiring a second (or first) dose. The DHB will support the practices with administrative support to check that all MMR records on paper files have been recorded on the NIR.



3. Covid -19 Vaccinations

The first fixed site clinic for Group 2 vaccinations was established on the Wairarapa Hospital Campus at the end of March 2021. The first vaccinations were delivered on the 7th of April, after the site had been checked and signed off by the Chief Executive. The vaccination team has been

recruited and clinic dates, rosters, and booking systems are in place with the operational team focused on future bookings for Group 2 (frontline health workers).

- In Week 1 of the programme we delivered 117 doses of Dose 1 (60 at a clinic hosted by a primary care practice).
- In Week 2 we plan to deliver 390 vaccines. This includes temporary sites for primary care workforce and an Aged Residential Care facility.
- By the end of May we expect to have delivered 2 doses to Group 2.
- Planning for Group 3 has now commenced.