

21 August 2018

Dear [REDACTED]

Official information request W18-231

I refer to your official information request dated 31 July 2018.

Request:

- All food and nutrition standards, policies & guidelines related to food served to inpatients
- All inpatient menus
- Food options and menus for allergy specific dietary requirements
- Food options and menus available for vegetarians and vegans

Response:

The information you have requested is below and is enclosed.

Spotless has the contract to create the manual and provide the meals to Wairarapa DHB. They have provided the following information.

1. All food and nutrition standards, policies & guidelines related to food served to inpatients
 - The Diet Code manual (attached) is the collective summary and translation of reference documents which prescribes our menu. These include The New South Wales (NSW) standards, DHB Nutrition policies, the MOH Food and Nutrition Guidelines, and the Heart Foundation's Healthy Catering Guidelines.
 2. All inpatient menus
 - Please see attachments that provide the standard menu, foods contained within it and the nutritional analysis of it. The Diet Code Manual outlines the nutrient goals and standards of all special diet codes derived from the Standard menu with Page 2 of the Diet Code manual identifying each of these. Dietitians create meal plans for special dietary requirements not satisfied by those codes stated in Page 2.
 3. Food options and menus for allergy specific dietary requirements
 - Attachment outlines the foods provided within the Low allergen menu. Menus and meal plans are derived from this based on what the specific allergenic requirements are.
 4. Food options and menus available for vegetarians and vegans
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- Attachments above provide the vegetarian and vegan menu, foods contained within these and the nutritional analysis of them.

Please note that this response, or an edited version of this response, may be published on the Wairarapa District Health Board website no less than one week after the response has been provided to you. Any personal or identifying information will be redacted from any response published online. The DHB will endeavour to resolve any concerns you should raise but, subject to any legal grounds for withholding, ultimately reserves the right to publish any information.

If you wish to discuss this response with us, please feel free to contact:

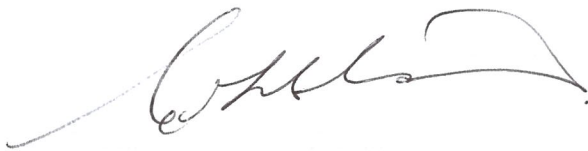
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Yours sincerely



Catherine Sheridan

Acting Chief Executive

Enclosed:

1. Spotless Diet Code Manual
2. Standard Menu
3. Low Allergen Menu
4. Veg Vegan Menu
5. Standard Menu Nutritional analysis
6. Veg Vegan Nutritional analysis