

**MINUTES OF THE
DISABILITY SUPPORT ADVISORY COMMITTEE MEETING
OF THE
WAIRARAPA DISTRICT HEALTH BOARD,
HELD ON TUESDAY MARCH 20TH 2007 AT 9AM
IN THE BOARD ROOM, WAIRARAPA DISTRICT HEALTH BOARD,
BLAIR STREET, MASTERTON**

Present:

Dr Rob Tuckett (Chairperson), Mr Bob Francis, Ms Yvette Grace, Ms Trish Taylor, Ms Viv Napier, Ms Anne Savage, Ms Ruth Carter,

In Attendance:

Ms Joy Cooper (Director Planning and Funding), Ms Joanne Edwards (Portfolio Manager), Ms Stephanie Turner (Director of Maori Health),

1. Apologies

Dr Liz Falkner, Mr David Meates

2. Conflicts of Interest

Nil

3. Minutes of last meeting held 20th February 2007

Accepted as a true and correct record.

Matters arising:

Rob Tuckett has spoken briefly to Phillipa Hintz from FOCUS regarding the establishment of a new CCS Forum. Phillipa is organising a meeting between Rob, herself and Helene Dore to discuss this further.

4. Chairman's Report

The Chairman had nothing further to report.

5. Rehabilitation Services Review – Draft Terms of Reference

Joanne spoke to this report. The following points were agreed during discussion:

- In light of policy and service developments related to health of older people, the DHB now needs to assure itself that the essential service of AT&R demonstrates current best practice and is well positioned to meet current and future service requirements
- Two or three external reviewers will be needed to review and evaluate the Wairarapa AT&R service provision and processes, as well as a locally appointed Steering group.
- There will need to be Maori representation on the Steering Group.
- Although the TOR sets out a tight definite timetable, achievement of this will, at least in part, depend on the availability of the reviewers.

RESOLVED THAT THE DISABILITY SUPPORT ADVISORY COMMITTEE

APPROVES THE DRAFT TERMS OF REFERENCE WITH THE SUGGESTED AMENDMENTS FOR THE REVIEW OF THE WAIRARAPA AT&R SERVICE

6. Occupancy of Residential Care Beds – “Slice of Time” survey

Joanne Edwards spoke to this report and highlighted the following points:

- This survey, “A slice of time” was conducted by all residential care providers returning resident data as it related to the day of 13th February 2007.
- It is suggested that a “slice of time” survey is administered every year or second year in order to monitor trends.
- More than half or all residents are aged over 85.
- The number of people paying privately for residential care increase as the age band gets higher.

- 81% of all older people in residential facilities in the Wairarapa are subsidised by the DHB for long term care (compared with 60% in 2005).
- The reported proportion of older people (aged over 65) in residential care has dropped from 6.2% in 2005 to 5.5% in 2007.
- The four small rest homes added together make up 20% of the total available bed numbers. These represent the most vulnerable part of our Residential Care service.

The Committee thanked Joanne for a very interesting and informative report

RESOLVED THAT THE DISABILITY SUPPORT ADVISORY COMMITTEE

1. **NOTE THE REPORTED PROPORTION OF OLDER PEOPLE (>65 YEARS) IN WAIRARAPA RESIDENTIAL CARE HAS DROPPED FROM 6.2% IN 2005 TO 5.5% IN 2007.**
2. **NOTE THE PROPORTION OF OLDER PEOPLE IN CARE WHO ARE SUBSIDISED HAS INCREASED FROM 60% IN 2005 TO 81% IN 2007. IT TENDS TO BE THOSE IN THE LOWER AGE BRACKETS WHO ARE SUBSIDISED, WITH PRIVATE PAYERS MAINLY BEING OLDER RESIDENTS.**
3. **NOTE THE USE OF RESIDENTIAL CARE BY PACIFIC ISLAND PEOPLE AND MAORI REMAINS VERY MINIMAL, WITH OTHER MODELS OF CARE APPEARING TO BE MORE APPROPRIATE.**

7. Specialist Services for Older People – update on National requirements

Joanne Edwards spoke to this report and the following points were discussed:

- The aim of the Specialist Services for Health of Older People (SSHOP) guideline is that older people and their families, whanau and others who could benefit from specialist health services have timely access to quality, culturally appropriate services and advice.
- The Stroke Services Guideline emphasises the importance of providing organised Stroke Services in every District Health Board area. About 80 people will have a stroke in the Wairarapa per year. Of these 80, 16 will need ongoing 24 hour care (generally at hospital level) and a further 16 will return home but remain dependent. About 24 will regain their independence.
- Services need to be refocused to support an integrated continuum of care based on early intervention and community based services.
- The Stroke Foundation is very keen to support this plan.
- Evidence supports the idea that coordinated multidisciplinary teams of rehabilitation clinicians working cooperatively with the individual with stroke and their caregivers produce the best outcome.

RESOLVED THAT THE DISABILITY SUPPORT ADVISORY COMMITTEE

- 1) **NOTE THE RECOMMENDATIONS OF THE SHSOP AND STROKE GUIDELINES (“LIFE AFTER STROKE”)**
- 2) **NOTE THAT IMPLEMENTATION OF THESE GUIDELINES REQUIRES A CHANGE OF EMPHASIS FROM CURRENT AT&R PROVISION**
- 3) **NOTE THAT THESE GUIDELINES WILL BE USED TO DEVELOP DHB SERVICES FOR THE HEALTH OF OLDER PEOPLE**

8. Updated Workplan

RESOLVED THAT THE DISABILITY SUPPORT ADVISORY COMMITTEE

RECEIVE THE UPDATED WORKPLAN

9. Aged Residential Care Presentation

Joanne Edwards gave a presentation on Aged Residential Care and the following points were discussed:

- The total number of beds in Wairarapa is 416. There is no waiting list for these beds although some days there are no vacancies in continuing care.
- Last year there was an unexpected sudden increase in deaths over a three month period which affected the residential care sector quite badly. However occupancy has now returned to previous levels.

- 140 people who are eligible for entry to residential care have chosen not to enter residential care and are currently being supported in the community. Generally these are people that live with a carer although there are some that live on their own.
- Public perception and changing social expectations of the aging population may decrease demand for residential care. People who wish to live at home will be more supported to do so.
- Irrespective of increasing needs for home support services, Wairarapa will also need more residential care services as the numbers of people aged 85 years and more are growing rapidly.
- The Committee agreed that analysis of trends and projections of future needs should be updated and revised frequently.

The meeting concluded at 10.20pm

Signed: _____
Chairperson

Date