

Mental Health Local Advisory Group Minutes

Wednesday 8 December 2004, 9.00am

Room B, Personnel Services, Masterton Hospital

PRESENT: Marie McKay (Wairarapa DHB Planning & Funding), Joy Cooper (Wairarapa DHB Planning & Funding), Pauline Hinds (Wairarapa DHB Mental Health Services), Julie Fidoe (Wairarapa DHB Mental Health Services), Dr Rob Maunsell (Primary Health Representative), Catherine Tawera (NGO Representative), Esther Oliver (NGO Representative), Stephanie Turner (NGO Representative), Pam Howells (Family/Whanau Representative), Farah Kingi (Consumer Representative), Takurua Tawera (Maori Representative), Mere Kerehi (Kaumatua),

APOLOGIES: Chris Smith (Wairarapa DHB Mental Health Services), Janeen Cross (Maori Representative), Ruth Maltby (Youth Representative)

No:	Agenda Item	Discussion	Action Plan	Person Responsible
1.	Karakia	A karakia was given by Mere.		
2.	Welcome & Introductions	Marie welcomed the group.		
3.	Previous Minutes Meeting of 13 October 2004	Confirmed with the following correction: Under Consumer Update on Sector Activities, 'support worker' should read 'facilitator'. <u>Matters Arising</u> <ul style="list-style-type: none"> o Family/Whanau – Barbara Halliday's document has been circulated o Family/Whanau – Letter to Mental Health Services regarding provision of family/whanau support person has not been sent yet, pending a planned family/whanau hui o Primary Health – findings from survey of GPs on mental health services have been included in the GP liaison newsletter o Consumers (AOD) – AOD Council funding of \$100,000 was in fact an allocation for possible use of bed nights. Marie explained the concept of Inter District Flows, and that the DHB has regional contracts for a range of services, which the DHB pays for whether these are used or not. 		
4.	Update on Sector Activities	Primary Health Rob reported on the progress of the Ministry of Health's Requests for Proposals for Primary Health initiatives. A total of 60 were received, but the Ministry expected 10. A total of 20 with a common theme were accepted, and it is expected that service specifications will be developed.		

		<p>In response to Pauline's formal request that Esther be involved, Marie advised that Esther should approach the PHO in this regard.</p> <p>It was agreed that the PHO should be congratulated for its patient centred, extended consultation proposal.</p> <p>Iwi Takarua gave a progress report on Kaupapa Maori Service Development, and advised that Hineroa Hakiaha, Cultural Advisor, Wairarapa DHB Mental Health Services, is developing a base plan which looks at how a Kaupapa Maori Service would interact with community organisations and the DHB. Some ideas have been put forward on responsiveness to Maori, and there will be a focus on collaboration with community groups.</p> <p>Marie advised that Wairarapa DHB Planning and Funding staff will work with Te Hauora Runanga o Wairarapa to develop these relationships and the role of the Kaupapa Maori Service in supporting all groups in the Wairarapa.</p> <p>Family/whanau Pam gave a progress report on the family/whanau project at Mental Health Services. A second meeting has been held, at which the survey was reviewed. A total of 20 out of 90 questionnaires were returned, with a wide range of feedback. A family/whanau hui will be held in the new year, to see how families can be involved to progress the findings of the review. Pam undertook to provide findings to Planning and Funding.</p> <p>Esther suggested a survey of consumers. This will be followed up at the next meeting of the MHLAG.</p> <p>Pauline tabled MHINC data on family/whanau, which is attached to these minutes.</p>	<p>Extend congratulations to PHO on proposal</p>	<p>Marie</p>
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		<p>Consumers (Mental Health) Esther reported on the following:</p> <ul style="list-style-type: none"> o Last week 120 consumers attended a Karaoke evening at Tyneside o Te Whare Atawhai is carrying on as usual o There has been a 6-week period of un-wellness in consumers, resulting in staff being busy o An average of 20 calls per week requesting peer or advocacy support by Te Whare Atawhai is being received, with a range of requests <p>Consumers (AOD) Pauline reported on the following:</p> <ul style="list-style-type: none"> o Sue Etuale has resigned from Mental Health Services o The industrial process is proceeding in respect of the reconfiguration of Mental Health Services o Mental Health Services have achieved accreditation, the first hospital to achieve this first time round <p>Marie reported on the methadone/detox service:</p> <ul style="list-style-type: none"> o The service based at the DHB has 75 places for DHB referrals, and 25 GP referrals o Naomi Wickins, Methadone Coordinator has resigned, effective 17 December o The consultant carrying out the review of DHB AOD services has recommended that an interim service be based at Wairarapa Addiction Service o Wairarapa Addiction Service has agreed to provide an interim service, and a sub-contract has been entered into for the period 17 December 2004 to 31 March 2005. o A decision needs to be made by the DHB Board at its first meeting in 2005 as to where this service lies long term o There will be a need for two additional staff, one of which will come from Mental Health Services o A letter will be sent to all GPs and consumer services to advise them. 		
5.	CRMHAN	<p>Update from CRMHAN Executive – regional projects Marie advised that there has not been too much activity on regional projects, but with the groundwork that has been done there will be a lot of activity in the next year.</p>		

6.	Update of Implementation of Strategic Plan	<p>NGO reconfiguration Marie advised that a number of submissions for provision of residential and community support services for mental health clients was received by the closing date of 5 November. An evaluation team comprising Bridgette Canning, Doug Banks, Hugh Norris, Nicholas Glubb, and Nicola Ehau, met on Friday 3 December. This team indicated that it is not yet ready to make a decision without looking at the big picture, continuum of care, things in place, and roles of submitters. Another meeting will be held with key stakeholders to assist in this regard. It is expected that a decision will be made prior to Christmas, but things are on track for timelines, and then the District Health Board will be working with providers for the transitional phase.</p> <p>Kaupapa Maori Service Discussed earlier in the meeting.</p> <p>Measuring Outcomes Brief discussion took place on measuring outcomes. Marie will progress this.</p>		
7.	Patient Centred Medicine, what does it mean in mental health practice/management	Rob tabled a further chapter to this document, which is attached to these minutes. The document identifies the need to ask the patient how it feels to be ill. This opens up discussion on how well the patient is functioning. The teaching model covers exploring both disease and illness experience, understanding the whole person and finding common ground. It was agreed that the concept needs to be promoted in mental health organisations. Pam suggested a workshop.		
8.	District Annual Planning for 2005/06	Marie advised that the District Annual Planning process for 2005/06 is due to commence. Marie will email the group last year's objectives, what has been done to update, and asking the group for ideas to develop objectives for 2005/06.	Email DAP objectives	Marie
9.	Role of Central Potential	<p>Esther advised that the role of Central Potential is to provide a consumer advocacy service for the central region for people with serious mental illness. Te Whare Atawhai is the lead agent for the region. A sponsorship fund is available for people to attend conferences and training workshops.</p> <p>Marie advised that a review of Central Potential is currently underway and will email a questionnaire about CP for responses by Friday. This is attached to these minutes.</p>	Email questionnaire	Marie
10.	Family/Whanau collection of data / MHINC Data	Discussed earlier in the meeting.		
11.	AOD Council Funding	Discussed earlier in the meeting.		

12.	Meeting dates for 2005	These will continue to be held on the second Wednesday of each second month. A meeting schedule is attached to these minutes.		
13.	General Business	<p>Wairarapa Times Age Information Directory</p> <p>Marie advised that the Wairarapa Times Age have asked her to provide information on mental health issues for inclusion in this publication. Marie suggested a page based on the Whangarei model, with graphics depicting a bridge between mental illness and recovery, which could be turned into a poster in due course. The group was in agreement with this, and suggested that the bridge not be one-way. The Whangarei model is attached to these minutes.</p>		
14.	Mental Health Workforce Development – project presentation	<p>Shirley Roberson, Programme Manager, and Jenny Lynch, Project Manager Training and Development, gave a presentation on the TAS project on Mental Health Workforce Development.</p> <p>Shirley's presentation encompassed::</p> <ul style="list-style-type: none"> o Role of TAS o Context of regional workforce development service o National framework o Aims for Central region o Priorities for 2005 o Essentially People Programme o Central region workforce development map, involving Ministry of Health, Mental Health Workforce Development Programme, central region DHBs, national centres o Mental Health (A&OD) Workforce Development framework o Systemic approach – 1st key concept – Tangata Whaiora consumers o 5 Strategic imperatives – 2nd key concept o Central region Mental Health Workforce Development Service aims <ul style="list-style-type: none"> o locally responsive o regionally cohesive o nationally collaborative o Priorities for 2005 <ul style="list-style-type: none"> o Valuing people – Central region Mental Health Workforce Development Strategic Plan o Training and development strategic imperative (Essentially People Programme) 		

		<p>Jenny's presentation encompassed:</p> <ul style="list-style-type: none"> o Training and development o Valuing People o Strategic Prompt o Systemic change o Recovery approach o Parallel Maori Programme o Rehab is our job – essential training. <p>Shirley will be visiting organisations / key stakeholders / consumers / family/whanau.</p> <p>Joy clarified the concept of valuing people.</p> <p>Marie thanked Shirley and Jenny for their comprehensive presentation, and extended compliments of the season to all.</p>		
14.	Karakia	Takurua closed the meeting with a karakia.		

The meeting concluded at 12.10 pm.

Next Meeting

Is the regular bimonthly meeting with an open agenda Wednesday 9 February 2005 from 9am -12pm